



Chevrolet Safe & Fun Hockey

A Parent's Approach

Respect. Responsibility.
It's amazing what you can pass on with a hockey stick



PARENT to PLAYER RELATIONSHIP

Motives of Young Athletes

Key topics to address:

- A constructive first hockey experience
- Reasoning behind why children participate in hockey



PARENT to PLAYER RELATIONSHIP

Common Problem Areas for Hockey Parents

Key topics to address:

- Expressing emotions in a proper way in front of children
- Providing opportunity without pressure or guilt for the child
- Putting the development and enjoyment of the child to the forefront



PARENT to PLAYER RELATIONSHIP

Parental Roles and Responsibilities

Key topics to address:

- Focusing on your child's enjoyment during participation
- Support of the child emotionally during sports competition



PARENT to PLAYER RELATIONSHIP

Key Issues for Hockey Parents

Key topics to address:

- Reaffirm your child's self confidence and worth during tryouts and games
- Keeping your player focused on the participation aspect, rather than results
- Parents need to - be positive, be understanding, be responsible!



REMEMBER:

"Unless you try to do something beyond what you have already mastered, you will never grow..."



PARENT to COACH RELATIONSHIP

Your Child's Coach and You

Key topics to address:

- Parental respect for the coaches' duties, goals, and responsibilities
- Effective and positive communication with coaches is necessary
- The coaching should be left to those empowered to do just that



PARENT to COACH RELATIONSHIP

Shared Issues in Hockey

Key topics to address:

- Parents are required to adhere to respect and responsible behavior
- Modeling expected behavior for children is key
- Parental interference in coaching is unacceptable and confusing to players
- Communication with coaches must be professional and courteous at all times
- Parents are accountable for keeping the lines of communication open
- The only bad question is the one never asked...



PARENT to COACH RELATIONSHIP

Value-Based Coaching

Key topics to address:

- Parents must work with coaches to reinforce learned values
- Children constantly look to coaches for instruction and approval
- Most coaches are volunteers, giving to your child freely
- Courtesy must be practiced toward all parties involved, all the time!



"Coaching is not a dress rehearsal."

- Bobby Orr

REMEMBER:

"Nothing can stop the person with the right attitude from achieving their goals, but, nothing on earth can help the person with the wrong attitude..."



PARENT to PARENT RELATIONSHIP

Affecting Change In Parents

Key topics to address:

- The "silent majority" - group dynamics and effective problem solving
- Interacting respectfully and responsibly with other parents
- Let communication and common sense help during difficult times



PARENT to PARENT RELATIONSHIP

Keeping In Touch:

Key topics to address:

- Communicate season objectives with coaches and other parents
- Parents meeting and reps: Let's all be on the same page
- Keeping hockey a fun social event for parents



PARENT to PARENT RELATIONSHIP

Fostering Parental Respect and Responsibility

Key topics to address:

- In the heat of the moment - respect and responsible behavior first!
- Model expected behavior for your player at all times
- The onus is on ALL parents to act in preventing unacceptable conduct
- Keeping rivalries in perspective: Safe and Fun starts with you

How We Help Parents

Key topics to address:

- Communications is key - videos, initiatives, pamphlets, other information



"Can you look in the mirror and
tell the person you see that
you have done your best?"



PARENT to OFFICIAL RELATIONSHIP

The Role Of The Official

Key points to address:

- Official turnover rate is largely due to abuse and harassment
- Officials are human - and often times, they are young themselves
- Parents need to look at officials in a different, more respectful light



PARENT to OFFICIAL RELATIONSHIP

Relationship of Parent and Official

Key points to address:

- A parent's concern is their child; a referee's concern is everyone's child
- Understanding the role of an official can improve focus



PARENT to OFFICIAL RELATIONSHIP

Understanding the Role of the Official

Key points to address:

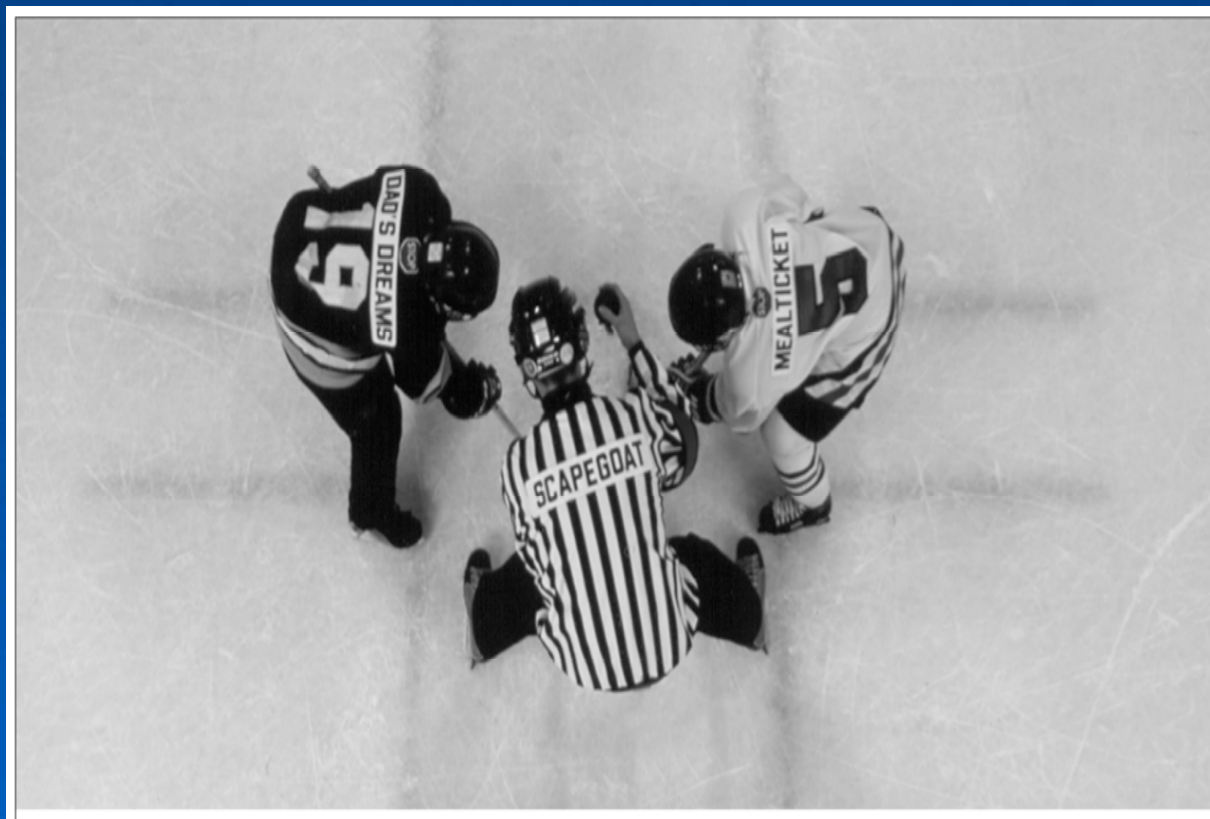
- Officials see the "big picture", parents tend to focus on their child
- It is not your responsibility to address referee concerns directly!

How Parents Can Help the System

Key points to address:

- All parents should take the time to understand the game and rules better
- Officials deserve respect, courtesy, and appreciation at all times!





REMEMBER: "Be a champion on and off the ice"



PARENT to MHA RELATIONSHIP

Becoming Involved with the Minor Hockey Association

Key points to address:

- Registration, general meetings and how an association operates
- How to become involved as a volunteer
- The benefits of being a volunteer



PARENT to MHA RELATIONSHIP

Implementation of Educational Programs

Key points to address:

- Educational Programs available for coaches, officials and trainers
- Parent education and awareness programs available
- The importance of encouraging these programs locally



PLAYER DEVELOPMENT

Suggested Development Guidelines

Key points to address:

- Emphasis on practice times versus games is vital to development
- Suggested 2 to 1 practice to game ratio
- Children get a lot more quality time and fun out of practices
- There is no "better or worse", merely different - progression rates will differ!



PLAYER DEVELOPMENT

Why Player Development

Key points to address:

- Practice times allow for far more progression than games
- Your child's potential for fun and development is increased in practice



PLAYER DEVELOPMENT

Practice by the Numbers

Key points to address:

- Parents should recognize what constitutes effective skills development
- Developing fundamentals is invaluable to your child's hockey enjoyment
- The foundation for future hockey enjoyment and success starts here!



REMEMBER:

"The difference between good and great
is a little extra effort."



Are they drawn by the risk, the excitement or the lack of yelling from the stands?



Listen to yourself next time you're at the rink. Hockey's too important to take too seriously.



Fair Play Code

... for PARENTS

- I will not force my child to participate in hockey.
- I will remember that my child plays hockey for his or her enjoyment, not mine.
- I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a game / event.
- I will make my child feel like a winner every time by offering praise for competing fairly and trying hard.



Fair Play Code

... for PARENTS

- I will never ridicule or yell at my child for making a mistake or losing a competition.
- I will remember that children learn best by example. I will applaud good plays / performances by both my child's team and their opponents.
- I will never question the official's judgement or honesty in public.
- I will support all efforts to remove verbal and physical abuse from children's hockey activities.
- I will respect and show appreciation for the volunteer coaches who give their time to provide hockey experiences for my child.



REFLECTION

Evaluate yourselves using the following questions. You don't have to share your results, this is simply a self reflection exercise.

- ☐ The safety of the participants in the game is more important than the final score.
- ☐ I value the contribution of the coach in developing the player's talents, even though I may not always agree with their methods.
- ☐ I understand that officials do not make the hockey rules, they only apply them.
- ☐ I understand that children learn from adults, and my behavior reflects what I want children to learn.
- ☐ I understand that officials are responsible to ensure that the game is played in a safe and fair manner for all participants.
- ☐ I understand that players, coaches and officials are learning the game, and mistakes will be made in the learning process.
- ☐ I may not cheer for the opposition team, but I will also not cheer against them or verbally abuse them.
- ☐ I understand that the biggest reason for players and officials quitting the game is abuse and harassment.



How did you rate?

If you checked off:

0-2 Step back and check your motives for being involved in the game

3-4 On your way

5-6 Almost there

7-8 Outstanding

When players, coaches, parents and officials
recognize the value of each person's contribution to the game,
the game is better for everyone.

When respect is shared, we all win!

Shared Respect
players•coaches•officials•parents

