

LASALLE MINOR HOCKEY ASSOCIATION

PLAYER CODE OF CONDUCT

Participation within the LaSalle Minor Hockey Association has many benefits. You will develop good physical fitness habits, develop hockey skill, learn to work together with your peers, and make friends that will last a lifetime. Along with the privilege of being a member of the LHMA come responsibilities as well. All participants should have the same opportunity to enjoy their involvement in our hockey program. To try to ensure that everyone can have fun in a safe and nurturing environment, we must all conduct ourselves in a manner that reflects positively on our association, our community, our team, our teammates, and ourselves.

As a registered member in the LMHA, I pledge to follow the Player's Code of Conduct

- Work hard at school and on the ice;
- Participate for my own enjoyment, select goals for myself and work hard to achieve them;
- I will learn the rules of the game, and play by them;
- I will be responsible for my behaviour at all times;
- I will come to the rink prepared;
- Be courteous and supportive to all teammates and volunteers;
- Respect the Rules, Opponents, Officials, Teammates, and Self = **ROOTS**;
- Always have a positive attitude and show good sportsmanship both on and off the ice. Show good character in both victory and defeat;
- As a player I will serve all suspensions as required by the OMHA or as directed by the LMHA;
- Never swear or use obscene gestures on the ice, at arenas and during other team functions;
- Will not engage in fighting or horseplay in the dressing rooms, inside or outside of the arenas;

- I will not use email or the internet to disrespect or bully a team mate or any volunteer of the LMHA;
- Commit to my team and try my best to attend all practices and games as possible;
- **Have as much FUN as I possibly can!**

Team/ Level

Date

Player Name

Player Signature

Signature (Parent/Guardian)

Signature (Parent/Guardian)