

# FAIR PLAY CODE

## Respect the Game

Hockey Canada asks you to consider your role in showing "Respect" for the game, and for the people who make this the great game it is. How much do you RESPECT the game of hockey and all its participants? Take this simple test to see how you rate.

Check off the statements that apply to you.

- The safety of the participants in the game is more important than the final score.
- I value the contribution of the coach in developing the player's talents, even though I may not always agree with their methods.
- I understand that officials do not make the hockey rules, they only apply them.
- I understand that children learn from adults, and my behaviour reflects what I want children to learn.
- I understand that officials are responsible to ensure that the game is played in a safe and fair manner for all participants.
- I understand that players, coaches and officials are learning the game, and mistakes will be made in the learning process.
- I may not cheer for the opposition team, but I will also not cheer against them or verbally abuse them.
- I understand that the biggest reason for players and officials quitting the game is abuse.

(How did you rate? If you checked off 0-2 Step back and check your motives for being involved in the game; 3-4 on your way; 5-6 almost there; 7-8 outstanding)

# Shared Respect

players•coaches•officials•parents

## FAIR PLAY CODE for parents...

- I will not force my child to participate in hockey.
- I will remember that my child plays hockey for his or her enjoyment, not mine.
- I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a game/event.
- I will make my child feel like a winner every time by offering praise for competing fairly and trying hard.
- I will never ridicule or yell at my child for making a mistake or losing a competition.
- I will remember that children learn best by example.
- I will applaud good plays / performances by both my child's team and their opponents.
- I will never question the official's judgment or honesty in public.
- I will support all efforts to remove verbal and physical abuse from children's hockey activities.
- I will respect and show appreciation for the volunteer coaches who give their time to provide hockey experiences for my child.

## 10 WAYS TO BECOME A GOOD HOCKEY PARENT

- Get involved with your son or daughter's team in a positive way.
- Let your son or daughter know you enjoy having them involved with the game.
- Don't lose perspective; emphasize the values associated with the game.
- Be supportive and don't let expectations become a burden to your son or daughter.
- Model respectful behaviour for your son or daughter.
- Be there for your child whether they win or lose.
- Make safety, respect, fair play and fun a priority.
- Support your child emotionally.
- Encourage your child to participate but avoid pressuring them to play the game.
- Communicate with your son's or daughter's coach in a professional effective manner.